



# Uka Tarsadia University

## Department of Humanities



### Report on Housekeeping Staff Orientation Session

**Date- 16<sup>th</sup> January 2024**

**Time- 11:30-12:30 pm**

**Venue- Jatin Desai Auditorium**

**Expert Speaker- Dr. Rozy Patel**

**No. of Participants- 63**

The Department of Humanities organized a 'Housekeeping Staff Orientation Session' on 16<sup>th</sup> January in Jatin Desai Hall. A total of 63 Housekeeping staff of the campus actively participated in the session. The session was aimed at fostering a positive work environment among the housekeeping staff. Dr. Rozy Patel, the dean and director of the Department of Humanities and the expert speaker of the session addressed many important topics such as self-cleaning, self-respect, self-worth, self-care, health, personality, and attitude.

She commenced the session by showcasing a powerful video on discrimination faced by housekeeping staff laying the foundation for discussion on the importance of respect and equality in the workplace. She initiated an open discussion by asking if any staff has faced discrimination on the campus. This session allowed the Housekeeping staff to voice their experiences fostering a sense of empathy.

She further encouraged them to prioritize self-care and self-cleanliness and offered her valuable tips on how to maintain it. She emphasized the need for housekeeping staff to take time for their personal health and well-being by practicing yoga and going on walks.

The core message of the session was that nobody should be discriminated against based on their role and that everyone is equal. The importance of cultivating self-respect and recognizing one's self-worth at the workplace was the focal point of the session. The session proved to be very impactful in motivating the housekeeping staff to strive for continuous self-improvement in both their personal and professional lives.

